JUNE 2015

BREAKFAST MENU

u.b.u. lounge

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Prices Reduced $0.25 Paid $0.85 Entrée Only $0.85 Adult $2.24 + Tax	**"If you qualify for a free or a reduced priced lunch you can also get a free or reduced priced breakfast"**			
1 Egg & Cheese on WG Roll OR Egg / Turkey Bacon on WG Roll Hash Brown Or Tomato Slices 100% Fruit Juice/ Fruit Milk	**2** Whole Grain Waffles Fruit Topping OR Scrambled Eggs w/ WG Roll Vegetarian Beans 100% Fruit Juice/ Fruit/ Milk	**3** Egg & Cheese on WG Roll OR Egg & Cheese w/ Turkey Bacon on WG Roll Hash Brown or Tomato Slices 100% Fruit Juice/ Fruit Milk	**4** Whole Grain Waffles Fruit Topping OR Scrambled Eggs w/ WG Roll Vegetarian Beans 100% Fruit Juice/ Fruit Milk	**5** Egg & Cheese Wrap OR Turkey Patty WG Mini Bagel Hash Brown or Celery Sticks 100% Fruit Juice/ Fruit Milk
8 Egg & Cheese on WG Roll OR Egg / Turkey Bacon on WG Roll Hash Brown Or Tomato Slices 100% Fruit Juice/ Fruit Milk	**9** Whole Grain Waffles Fruit Topping OR Scrambled Eggs w/ WG Roll Vegetarian Beans 100% Fruit Juice/ Fruit/ Milk	**10** Egg & Cheese on WG Roll OR Egg & Cheese w/ Turkey Bacon on WG Roll Hash Brown or Tomato Slices 100% Fruit Juice/ Fruit Milk	**11** Whole Grain Waffles Fruit Topping OR Scrambled Eggs w/ WG Roll Vegetarian Beans 100% Fruit Juice/ Fruit Milk	**12** Egg & Cheese Wrap OR Turkey Patty WG Mini Bagel Hash Brown or Celery Sticks 100% Fruit Juice/ Fruit Milk
15 **Cold Breakfast** Cereal Bagel & Cream Cheese Yogurt & Cheese Sandwich 100% Fruit Juice/Fruit Milk	**16** **Cold Breakfast** Cereal Bagel & Cream Cheese Yogurt & Cheese Sandwich 100% Fruit Juice/Fruit Milk	**17** **Cold Breakfast** Cereal Bagel & Cream Cheese Yogurt & Cheese Sandwich 100% Fruit Juice/Fruit Milk	**18** **Cold Breakfast** Cereal Bagel & Cream Cheese Yogurt & Cheese Sandwich 100% Fruit Juice/Fruit Milk	**19** **Cold Breakfast** Cereal Bagel & Cream Cheese Yogurt & Cheese Sandwich 100% Fruit Juice/Fruit Milk
22 **Cold Breakfast** Cereal Bagel & Cream Cheese Yogurt & Cheese Sandwich 100% Fruit Juice/Fruit Milk	**23** **Cold Breakfast** Cereal Bagel & Cream Cheese Yogurt & Cheese Sandwich 100% Fruit Juice/Fruit Milk	**24** **Cold Breakfast** Cereal Bagel & Cream Cheese Yogurt & Cheese Sandwich 100% Fruit Juice/Fruit Milk	**25** **Last Day of School**	**26**

All students must select at least one serving of fruit, juice or vegetable

Fresh Fruit & 100% Fruit Juice always available

Offered Daily:

Homemade Muffins

- Yogurt Parfait
- Assorted Cereal
- WG Bagel & Cream Cheese

Milk variety

Skim

1% White

Fat Free

Chocolate

If *you have a food allergy, please speak to the manager, chef, or server*

Menus are subject to change without notice.

Anne M. Dorner Middle School

ARAMARK EDUCATION

JUNIO 2015

MENU DEL DESAYUNO

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Precios: Reducido $0.25 Pagado $0.85 Entrada $0.85 Adultos $2.24 + imp	**Si calificas para almuerzo gratis también puedes obtener desayuno gratis**			
1 Pan Integral, Huevo y Queso o Pan Integral, Huevo/Tocino de Pavo Papas Sazonadas o Rebanadas de Tomate, 100% Jugo de Frutas/Fruta, Leche	**2** Waffles Integrales con Fruta o Huevos Revueltos en Pan Integral, Frijoles Vegetarianos, 100% Jugo de Frutas/Fruta Leche	**3** Pan Integral, Huevo y Queso o Pan Integral con Huevo/Tocino de Pavo Papas Sazonadas o Rebanadas de Tomate, 100% Jugo de Frutas/Fruta, Leche	**4** Waffles Integrales con Fruta o Huevos Revueltos en Pan Integral, Frijoles Vegetarianos 100% Jugo de Frutas/Fruta, Leche	**5** Wrap de Huevo y Queso o Patty de Pavo, Mini Bagel Integral Papas Sazonadas o Palitos de Apio 100% Jugo de Frutas/Fruta, Leche
8 Pan Integral, Huevo y Queso o Pan Integral, Huevo/Tocino de Pavo Papas Sazonadas o Rebanadas de Tomate, 100% Jugo de Frutas/ Fruta, Leche	**9** Waffle Integrales con Fruta o Huevos Revueltos en Pan Integral, Frijoles Vegetarianos, 100% Jugo de Frutas/Fruta Leche	**10** Pan Integral, Huevo y Queso o Pan Integral con Huevo/Tocino de Pavo Papas Sazonadas o Rebanadas de Tomate, 100% Jugo de Frutas/Fruta, Leche	**11** Waffles Integrales con Fruta o Huevos Revueltos en Pan Integral, Frijoles Vegetarianos 100% Jugo de Frutas/Fruta, Leche	**12** Wrap de Huevo y Queso o Patty de Pavo, Mini Bagel Integral Papas Sazonadas o Palitos de Apio 100% Jugo de Frutas/Fruta, Leche
15 **Desayuno Frio** Cereal Bagel & Queso Crema Yogurt & Sanduche de Queso 100% Jugo de Frutas/Fruta Leche	**16** **Desayuno Frio** Cereal Bagel & Queso Crema Yogurt & Sanduche de Queso 100% Jugo de Frutas/Fruta Leche	**17** **Desayuno Frio** Cereal Bagel & Queso Crema Yogurt & Sanduche de Queso 100% Jugo de Frutas/Fruta Leche	**18** **Desayuno Frio** Cereal Bagel & Queso Crema Yogurt & Sanduche de Queso 100% Jugo de Frutas/Fruta Leche	**19** **Desayuno Frio** Cereal Bagel & Queso Crema Yogurt & Sanduche de Queso 100% Jugo de Frutas/Fruta Leche
22 **Desayuno Frio** Cereal Bagel & Queso Crema Yogurt & Sanduche de Queso 100% Jugo de Frutas/Fruta Leche	**23** **Desayuno Frio** Cereal Bagel & Queso Crema Yogurt & Sanduche de Queso 100% Jugo de Frutas/Fruta Leche	**24** **Desayuno Frio** Cereal Bagel & Queso Crema Yogurt & Sanduche de Queso 100% Jugo de Frutas/Fruta Leche	**25** **Last Day of School**	**26**

Todos los Estudiante deben tomar fruta, jugo o vegetales con el desayuno *Fruta Fresca* & 100% Jugo de Frutas siempre disponibles

Ofrecidos a Diario:

- Muffins
- Yogurt Parfait
- Cereal
- Bagel Integral & Queso Crema

Leche:
Sin Grasa
1% baja en grasa
Chocolate sin grasa

Si tienes alergias informale al gerente, cocinero o servidor

Menus are subject to change without notice.

Anne M. Dorner Middle School

ARAMARK EDUCATION

June 2015

Lunch Menu

u.b.u. lounge

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Prices Reduced -$.25 Paid - $2.00 2nd - $2.00 2nd Premium -$3.00* Adult $3.58+Tax	*****If you have a food allergy please speak to the manager, cook or server*****			
1 Oven Baked Meatball Pizza Sub with Marinara Sauce Potato Fries Vegetarian Beans Fresh Grapes	**2** Turkey Taco Grande Tortilla Wrap OR Taco Shell Tomato Salsa, Sour Cream, Cheddar Cheese, Lettuce Carrot Sticks Fresh Pineapple	**3** Sloppy Joe/Chicken Sandwich Oven Baked Potato Wedges Cucumber Salad Fresh Cantaloupe	**4** Homemade Baked Macaroni & Cheese Sautéed Broccoli Sliced Tomatoes Fresh Watermelon	**5** Chicken Fajita Sautéed Red & Green Pepper Strips Salsa, Sour Cream Rice & Beans Apples **BBQ 8th Grade**
8 BBQ Chicken Brown Rice Sautéed Carrots Cucumber Slices Fresh Pineapple	**9** Cajun Meatball Stew Spicy Rice Tomato Salsa, Sour Cream Red/Green Pepper Strips Fresh Watermelon	**10** Spicy Chicken Quesadilla Ranch Cole Slaw Potato Fries Celery Sticks Fresh Grapes	**11** Turkey Nacho Grande Tortilla Chips Salsa, Sour Cream, Cheddar Cheese Black Bean & Corn Salad Fresh Fruit	**12** Gen Tso Chicken Dinner Roll Steamed Broccoli Carrot Sticks Fresh Fruit
15 **Cold Lunch Only** Grab & Go Sandwiches Ham & Cheese/Turkey & Cheese/Cheese/Chef Salad Selection of Fresh Veggies Fresh Fruit/Juice Milk	**16** **Cold Lunch Only** Grab & Go Sandwiches Ham & Cheese/Turkey & Cheese/Cheese/Chef Salad Selection of Fresh Veggies Fresh Fruit/Juice Milk	**17** **Cold Lunch Only** Grab & Go Sandwiches Ham & Cheese/Turkey & Cheese/Cheese/Chef Salad Selection of Fresh Veggies Fresh Fruit/Juice Milk	**18** **Cold Lunch Only** Grab & Go Sandwiches Ham & Cheese/Turkey & Cheese/Cheese/Chef Salad Selection of Fresh Veggies Fresh Fruit/Juice Milk	**19** **Cold Lunch Only** Grab & Go Sandwiches Ham & Cheese/Turkey & Cheese/Cheese/Chef Salad Selection of Fresh Veggies Fresh Fruit/Juice Milk
22 **Cold Lunch Only** Grab & Go Sandwiches Ham & Cheese/Turkey & Cheese/Cheese/Chef Salad Selection of Fresh Veggies Fresh Fruit/Juice Milk	**23** **Cold Lunch Only** Grab & Go Sandwiches Ham & Cheese/Turkey & Cheese/Cheese/Chef Salad Selection of Fresh Veggies Fresh Fruit/Juice Milk	**24** **Cold Lunch Only** Grab & Go Sandwiches Ham & Cheese/Turkey & Cheese/Cheese/Chef Salad Selection of Fresh Veggies Fresh Fruit/Juice Milk	**25** **LAST DAY OF SCHOOL** **Early Dismissal**	**26**

All Meals Served with Veggie, Fruit & Milk

Daily Alternate Entrees:

Pizza Bar

Grill Station

Hamburger

Cheeseburger

Grab & Go

- **Sandwiches** *Made with Assorted Boar's Head Meats, Assorted Cheeses Sunflower Seed Spread & Jelly*
- **Salad Meal/Yogurt & Fruit Parfaits** *Offered Daily*
- **Salad bar:** Tomatoes, Lettuce, Cucumbers, Carrots, Beans and many more veggies offered Daily

MADE TO ORDER

- **Deli Sandwiches**
- **Entrée Salads**

Milk Offered Daily:

1% or Fat Free or FF Chocolate

Premium Lunch Options

Boars Head

Bell & Evans Chicken

Menus are subject to change without notice.

Anne M. Dorner Middle School

ARAMARK EDUCATION

JUNIO 2015

Menu del Almuerzo

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Precios: Reducido -$.25 Pagado - $2.00 2nd - $2.00 2nd Premium -$3.00* Adultos $3.58+imp	*****Si tiene alguna alergia infórmale al gerente, cocinero o al servidor *****			
1 Sanduche de Albóndigas de Carne en Salsa Marinara Papas Fritas al Horno Frijoles Vegetariaos Uvas	**2** Taco Grande de Pavo en Tortilla Wrap O Taco Shell Salsa de Tomate, Crema Agria, Queso Cheddar, Lechuga Palitos de Zanahoria Piña	**3** Sanduche Sloppy Joe al Horno Rebanadas de Papa Ensalada de Pepino Melon	**4** Macarrón & Queso al Horno Brócoli Sautéed Rodajas de Tomate Sandia	**5** Fajita de Pollo Tiritas de Pimiento Rojo y Verde Sautéed Salsa, Crema Agria Arroz & Frijoles Maíz Dulce, Arándanos
8 Pollo al BBQ Arroz Integral Zanahorias Sautéed Rebanadas de Pepino Piña	**9** Burrito de Carne/Frijoles Arroz Picante Salsa de Tomate, Crema Agria, Tiritas de Pimiento Rojo/Verde Sandia	**10** Quesadilla Picante de Pollo Ensalada Ranch de Col Papa Fritas Palitos de Apio Uvas	**11** Taco Grande de Pavo en Tortilla Chips Salsa, Crema Agria, Queso Cheddar Ensalada de Frijoles y Maiz Melon	**12** **BRUNCH FOR LUNCH** Waffle Integral Salchicha de Pavo Brócoli al Vapor Tiritas de Camote Arandanos
15 Sanduches Grab & Go Jamón y Queso/Pavo y Queso/ Ensalada de Queso/Chef Selección de Vegetales Frescos Fruta Fresca/Jugo Leche	**16** Sanduches Grab & Go Jamón y Queso/Pavo y Queso/ Ensalada de Queso/Chef Selección de Vegetales Frescos Fruta Fresca/Jugo Leche	**17** Sanduches Grab & Go Jamón y Queso/Pavo y Queso/ Ensalada de Queso/Chef Selección de Vegetales Frescos Fruta Fresca/Jugo Leche	**18** Sanduches Grab & Go Jamón y Queso/Pavo y Queso/ Ensalada de Queso/Chef Selección de Vegetales Frescos Fruta Fresca/Jugo Leche	**19** Sanduches Grab & Go Jamón y Queso/Pavo y Queso/ Ensalada de Queso/Chef Selección de Vegetales Frescos Fruta Fresca/Jugo Leche
22 Sanduches Grab & Go Jamón y Queso/Pavo y Queso/ Ensalada de Queso/Chef Selección de Vegetales Frescos Fruta Fresca/Jugo Leche	**23** Sanduches Grab & Go Jamón y Queso/Pavo y Queso/ Ensalada de Queso/Chef Selección de Vegetales Frescos Fruta Fresca/Jugo Leche	**24** Sanduches Grab & Go Jamón y Queso/Pavo y Queso/ Ensalada de Queso/Chef Selección de Vegetales Frescos Fruta Fresca/Jugo Leche	**25** **LAST DAY OF SCHOOL HALF DAY**	**26**

Todas las Comidas deben Servirse con Vegetales, Fruta & Leche

Entradas Alternativas:

Bar de Pizza

Estación del Grill

Hamburguesas

Con o sin queso

Grab & Go

- **Sanduches**

Hechos con Carnes Boar's Head, quesos, mantequilla de girasol, Mermelada

Ofrecidos a Diario

- **Ensaladas/Yogurt Parfait con Frutas**
- **Bar de Ensaladas:** Tomates, Lechuga, Zanahorias, Frijoles y muchos más Vegetales

HECHOS A LA ORDEN

- **Deli Sandwiches**
- **Entrée Salads**

Leche Ofrecida Diariamente:

1% bajo en grasa, sin grasa o Chocolate sin grasa

Opción de Almuerzo Premium

Boars Head

Pollo Bell & Evans

Menus are subject to change without notice.

Anne M. Dorner Middle School

ARAMARK EDUCATION

JUNE 2015

BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Prices Reduced -$0.25 Paid - $0.85 Adult $2.24 + Tax	**"If you qualify for a free or a reduced priced lunch you can also get a free or reduced priced breakfast"**			
1 Scrambled Eggs on WG Roll 100% Fruit Juice Fruit Milk	**2** Home Baked Corn Muffins 100% Fruit Juice Fruit Milk	**3** WG Waffles Fruit Topping 100% Fruit Juice Fresh Fruit Milk	**4** Turkey Patty Hash Brown Patty WG Toast 100% Fruit Juice Fruit Milk	**5** Egg & Cheese on WG Bun 100% Fruit Juice Fresh Fruit Milk
8 Scrambled Eggs on WG Roll 100% Fruit Juice Fruit Milk	**9** Home Baked Corn Muffins 100% Fruit Juice Fruit Milk	**10** WG Waffles Fruit Topping 100% Fruit Juice Fresh Fruit Milk	**11** Turkey Patty Hash Brown Patty WG Toast 100% Fruit Juice Fruit Milk	**12** Egg & Cheese on WG Bun 100% Fruit Juice Fresh Fruit Milk
15 Scrambled Eggs on WG Roll 100% Fruit Juice Fruit Milk	**16** Home Baked Corn Muffins 100% Fruit Juice Fruit Milk	**17** WG Waffles Fruit Topping 100% Fruit Juice Fresh Fruit Milk	**18** Turkey Patty Hash Brown Patty WG Toast 100% Fruit Juice Fruit Milk	**19** Egg & Cheese on WG Bun 100% Fruit Juice Fresh Fruit Milk
22 Scrambled Eggs on WG Roll 100% Fruit Juice Fruit Milk	**23** Home Baked Corn Muffins 100% Fruit Juice Fruit Milk	**24** WG Waffles Fruit Topping 100% Fruit Juice Fresh Fruit Milk	**25** Turkey Patty Hash Brown Patty WG Toast 100% Fruit Juice Fruit Milk	**26**

Special News...

All Students MUST select at least one serving of fruit, juice or vegetable

OFFERED DAILY

Yogurt Parfait
WG Bagel & Cream Cheese
Assorted WG Cereal

Milk Variety

Skim
1% White
Fat Free
Chocolate

Hormone Free
No High Fructose Corn Syrup

******If you have a food allergy please speak to the manager, cook or server******

Menus are subject to change without notice.

Ossining Elementary Schools

ARAMARK EDUCATION

JUNIO 2015

MENU DEL DESAYUNO

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Precios: Reducido $0.25 Pagado $0.85 Entrada $0.85 Adultos $2.24 + imp	**Si calificas para almuerzo gratis también puedes obtener desayuno gratis**			
1 Pan Integral con Huevos Revueltos Jugo 100% de Frutas Fruta Leche	**2** Muffins de Maíz Jugo 100% de Frutas Fruta Leche	**3** Waffles Integrales con fruta, 100% Jugo de Frutas Fruta Fresca, Leche	**4** Patty de Pavo Papas Sazonadas Tostada Integral 100% Jugo de Frutas Fruta Leche	**5** Pan Integral con Huevo y Queso 100% Jugo de Frutas Fruta Fresca, Leche
8 Pan Integral con Huevos Revueltos Jugo 100% de Frutas Fruta Leche	**9** Muffins de Maíz Jugo 100% de Frutas Fruta Leche	**10** Waffles Integrales con fruta, 100% Jugo de Frutas Fruta Fresca, Leche	**11** Patty de Pavo Papas Sazonadas Tostada Integral 100% Jugo de Frutas Fruta, Leche	**12** Pan Integral con Huevo y Queso 100% Jugo de Frutas Fruta Fresca, Leche
15 Pan Integral con Huevos Revueltos Jugo 100% de Frutas Fruta Leche	**16** Muffins de Maíz Jugo 100% de Frutas Fruta Leche	**17** Waffles Integrales con fruta, 100% Jugo de Frutas Fruta Fresca, Leche	**18** Patty de Pavo Papas Sazonadas Tostada Integral 100% Jugo de Frutas Fruta, Leche	**19** Pan Integral con Huevo y Queso 100% Jugo de Frutas Fruta Fresca, Leche
22 Pan Integral con Huevos Revueltos Jugo 100% de Frutas Fruta Leche	**23** Muffins de Maíz Jugo 100% de Frutas Fruta Leche	**24** Waffles Integrales con fruta, 100% Jugo de Frutas Fruta Fresca, Leche	**25** Patty de Pavo Papas Sazonadas Tostada Integral 100% Jugo de Frutas Fruta, Leche	**26**

Special News...

Todos los Estudiantes deben tomar por lo menos una porción fruta, jugo o vegetales con el desayuno

Ofrecido Diariamente:

Yogurt Parfait
Bagel Integral con Queso Crema
Cereal Integral

Variedades de Leche:

Sin grasa
1%Baja en grasa
Chocolate sin grasa

Libre de Hormonas
No altos en Fructosa de Maiz

******Si tienes alergias informale al gerente.***

Menus are subject to change without notice.

Ossining Elementary Schools

ARAMARK EDUCATION

JUNE 2015

LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Prices Reduced -$0.25 Paid - $1.90 2nd $1.90 Premium 2nd $2.50 Adult $3.58 + Tax	*****If you have a food allergy please speak to the manager, cook or server*****	***Build strong muscles with tasty, protein-rich foods, like beans and lean meat! Calcium from milk, cheese and yogurt builds strong bones!***	***Special Nacho Salad Menu on 5/18 Claremont Foodie Student Choice!***	
1 Whole Grain Twin Cheese Stick Pizza Dipping Sauce BBQ Vegetarian Beans Fresh Apple	**2** Seasoned Turkey Nacho Tortilla Chips Salsa, Black Beans Corn, Cheddar Cheese Celery Sticks Fresh Cantaloupe	**3** Cold Chicken & Cheese Club Sandwich Oven Baked Sweet Potato Fries Fresh Cucumber Slices Berries	**4** Meatballs in Savory Tomato Sauce On WG Roll Black Bean Salad Fresh Grapes	**5** Cheese Pizza on WG Crust Spinach & Romaine Salad Fresh Tomato Slices Fresh Banana
8 Beef Franks WG Hot Roll Potato Fries Fresh Cucumber Slices Fresh Apple	**9** Macaroni & Cheese Steamed Broccoli Fresh Pear	**10** ***Bell & Evans*** Chicken Tenders Mexican Spiced Rice Glazed Carrots Fresh Orange Wedges	**11** ***Brunch for Lunch*** WG Waffles Turkey Sausage Patty Potato Hash Brown Patty Fresh Watermelon	**12** Cheese Pizza on WG Crust Green & Red Pepper Strips Chick Pea Salad Fresh Cantaloupe
15 Meatball Pizza Sub Sweet Golden Corn Vegetarian Beans Fresh Apple	**16** Boneless Baked Chicken Spanish Brown Rice Marinated Green Beans Fresh Watermelon	**17** Whole Grain Twin Cheese Stick Pizza Dipping Sauce Seasoned Broccoli Fresh Pineapple	**18** **Nacho Salad** Tortilla Chips with Seasoned Turkey & Cheddar Cheese Shredded Lettuce Salsa, Black Beans Fresh Grapes	**19** Pepperoni Cheese Pizza on WG Crust Mexicali Corn Carrot Sticks Fresh Pear
22 Grilled Cheese on WG Bread Sweet Golden Corn Tomato Slices Fresh Apple	**23** Nacho Turkey Day Tortilla Chips Salsa, Black Beans Chick Pea Salad Celery Sticks Fresh Pineapple	**24** Cheese Pizza on WG Crust Baby Carrots, Green & Red Pepper Strips Ranch Dipping Sauce Berries	**25** **LAST DAY OF SCHOOL** **Early Dismissal**	**Claremont Field Day** Special Menu 6/19

Special News...

SANDWICHES
Boar's Head Meat
Turkey –or-
Ham with Cheese
Sunflower Seed Spread & Jelly

****Premium Lunch Options***
Boar's Head Sandwiches &
Bell & Evans Chicken

SALADS Daily
Mon-Cheese & Fruit
Tues-Turkey Chef
Wed-Chicken
Thurs- Ham Chef
Fri- Cheese
FRESH MIXED &GREEN LEAF SIDE SALAD OFFERED DAILY

Yogurt Bundle
4-oz Yogurt, Cheese Stick, WG Bread

Yogurt Parfait
Vanilla Yogurt
Fruit & Granola
½ Cheese Sandwich

Milk Offered Daily
Skim, 1%
FF Chocolate
Hormone Free
No High Fructose Corn Syrup

Menus are subject to change without notice.

Ossining Elementary Schools

ARAMARK EDUCATION

JUNIO 2015

MENU DEL ALMUERZO

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Precios: Reducido $0.25 Pagado $1.90 2nd. $1.90 Almuerzo Premium $2.50 Adultos $3.58 + imp	*****Si tienes alguna alergia infórmale al Gerente, Cocinero o Servidor*****	***Construye Músculos Fuertes con comida deliciosa y rica en proteínas, como frijoles y carnes magras! El Calcio de la leche, queso y yogurt construye huesos fuertes!***	**Especial de Ensalada Nacho** **Menu de Mayo 18** **Claremont Foodie** **A Eleccion del Estudiante**	
1 Palitos Gemelos Integrales de Queso Salsa de Pizza Frijoles Vegetarianos al BBQ Manzanas	**2** Nacho de Pavo Sazonado Tortilla Chips Salsa, Maiz, Frijoles Negros Queso Cheddar Palitos de Apio	**3** Sanduche Frio de Pollo & Queso Tiritas de Camote al Horno Rodajas de Pepino Arándanos	**4** Albóndigas de Carne en Salsa de Tomate Agridulce En Pan Integral Ensalada de Frijoles Negros Uvas	**5** Pizza Integral de Queso Ensalada de Espinaca & Lechuga Romana Rodajas de Tomate Bananas
8 Albóndigas a la Parmesana en Pan Integral Maíz Dulce Rebanadas de Pepino Manzanas	**9** Macarron con Queso Brocoli al Vapor Peras	**10** **Tiritas de Pollo Bell & Evans** Arroz Picante Mexicano Zanahorias Glaseadas Oñejos de Naranja	**11** ***Brunch for Lunch*** Waffles Integrales Patty de Salchicha de Pavo Patty de Papas Sazonadas Sandia	**12** Pizza Integral de Queso Tiritas de Pimiento Verde y Rojo, Ensalada Garbanzos Melón
15 Salchicha Frank de Carne en Pan Integral Papas Fritas Frijoles Vegetarianos Manzanas	**16** Pollo al Horno Arroz Integral Español Frijoles Verdes Marinados Sandia	**17** Palitos Gemelos Integrales de Queso Salsa de Pizza Brócoli Sazonado Piña	**18** **Ensalada Nacho** Tortilla Chips con Pavo Sazonado & Queso Cheddar Lechuga Salsa, Frijoles Negros Uvas	**19** Pizza Integral de Queso y Pepperoni Maiz Mexicali Palitos de Zanahoria Peras
22 Queso a la Parrilla en Pan Integral Maíz Dulce Rebanadas de Tomate Manzanas	**23** Día de Nacho de Pavo Tortilla Chips Salsa, Frijoles Negros Ensalada de Garbanzos Palitos de Apio Piña	**24** Pizza Integral de Queso Zanahorias, Tiritas de Pimientos Verde y Rojo Arándanos	**25** **LAST DAY OF SCHOOL HALF DAY**	**26** **Claremont Field day** Special Menu 6/19

Special News...

SANDUCHES

Carnes Boar's Head
Pavo –o-
Jamon con Queso
Mantequilla de Semillas de Girasol & Mermelada

***Premium Lunch Options**

Boar's Head Sandwiches & Pollo Bell & Evans

Ensalada Diaria:

Lun-Queso & Frutas
Mart-Pavo Chef
Miercoles-Pollo
Jue- Jamon Chef
Vier-Queso

COMPLEMENTO DE VARIAS CLASES DE LECHUGA FRESCA

Yogurt Bundle

4-oz Yogurt, Palito de Queso, Pan Integral

Yogurt Parfait

Yogurt de Vainilla
Fruta & Granola ½ sanduche de Queso

Leche Ofrecida a Diario

Sin grasa, 1% baja en grasa, Chocolate sin grasa, Libre de Hornonas Sirup bajo en Fructuosa de Maiz

Menus are subject to change without notice

Ossining Elementary Schools

JUNE 2015

BREAKFAST MENU

FOOD ALLERGIES: IF YOU HAVE FOOD ALLERGIES, PLEASE SPEAK TO THE MANAGER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Prices **Reduced $0.25** **Paid $1.00** **Entrée Only $1.00** **Adult $2.24+ Tax**	**"If you qualify for a free or a reduced priced lunch you can also get a free or reduced priced breakfast"**			
1 WG Waffles Fruit Topping OR Scrambled Eggs Hash Brown/Celery Sticks Fruit, Juice Milk	**2** Egg/Cheese & Bacon WG Roll OR Turkey Patty WG Roll Hash Brown/Tomato Slices Fruit, Juice Milk	**3** WG Pancakes Fruit Topping OR Scrambled Eggs Hash Brown/Vegetarian Beans Fruit, Juice Milk	**4** Egg/Cheese & Bacon WG Roll OR Turkey Patty WG Roll Hash Brown/Tomato Fruit, Juice Milk	**5** WG Waffles Fruit Topping OR Scrambled Eggs Hash Brown/Carrot Sticks Fruit, Juice, Milk
8 WG Waffles Fruit Topping OR Scrambled Eggs Hash Brown/Celery Sticks Fruit, Juice Milk	**9** Egg/Cheese & Bacon WG Roll OR Turkey Patty WG Roll Hash Brown/Tomato Slices Fruit, Juice Milk	**10** WG Pancakes Fruit Topping OR Scrambled Eggs Hash Brown/Vegetarian Beans Fruit, Juice Milk	**11** Egg/Cheese & Bacon WG Roll OR Turkey Patty WG Roll Hash Brown/Tomato Fruit, Juice Milk	**12** WG Waffles Fruit Topping OR Scrambled Eggs Hash Brown/Carrot Sticks Fruit, Juice, Milk
15 WG Waffles Fruit Topping OR Scrambled Eggs Hash Brown/Celery Sticks Fruit, Juice Milk	**16** Bagels & Cream Cheese Cereal Juice/Fruit Milk Cafeteria opens 8am-9:30am	**17** Bagels & Cream Cheese Cereal Juice/Fruit Milk Cafeteria opens 8am-9:30am	**18** Bagels & Cream Cheese Cereal Juice/Fruit Milk Cafeteria opens 8am-9:30am	**19** Bagels & Cream Cheese Cereal Juice/Fruit Milk Cafeteria opens 8am-9:30am
22	**23**	**24**	**25**	**26**

All Students must select a fresh fruit, 100% juice or vegetable with breakfast

Offered Daily:

- Bagel& Cream Cheese
- Yogurt Parfait
- Assorted Cereal
- Muffins

Milk Varieties
Skim Milk
1% White
Fat Free
Chocolate

If you have a food allergy please speak to the manager, cook or server

Menus are subject to change without notice.

OSSINING HIGH SCHOOL BREAKFAST

ARAMARK EDUCATION

JUNIO 2015

MENU DEL DESAYUNO

SI TIENES ALERGIA A ALGUN INGREDIENTE POR FAVOR COMUNICALE AL GERENTE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Precio **Reducido $0.25** **Pagado $1.00** **Entrada sola $1.00** **Adultos $2.24+ Tax**	**"Si calificas para almuerzo gratis o a precio reducido tu puedes obtener tambien desayuno gratis o a precio reducido"**			
1 Waffles Integrales Con Fruta O Huevos Revueltos Papas Sazonadas/Palitos de Apio, Fruta, Jugo, Leche	**2** Huevo/Queso & Tocino/ En Pan Integral O Patty de Pavo Papas Sazonadas/Rodajas de Tomate Fruta, Jugo, Leche	**3** Pancakes Integrales Con Fruta O Huevos Revueltos Papas Sazonadas/Frijoles Vegetarianos Fruta, Jugo, Leche	**4** Huevo/Queso & Tocino/ En Pan Integral O Patty de Pavo, Pan Integral Papas Sazonadas/Rodajas de Tomate Fruta, Jugo, Leche	**5** Waffles Integrales Con Fruta O Huevos Revueltos Papas Sazonadas/Palitos de Zanahoria, Fruta, Jugo, Leche
8 Waffles Integrales Con Fruta O Huevos Revueltos Papas Sazonadas/Palitos de Apio, Fruta, Jugo, Leche	**9** Huevo/Queso & Tocino/ En Pan Integral O Patty de Pavo Papas Sazonadas/Rodajas de Tomate Fruta, Jugo, Leche	**10** Pancakes Integrales Con Fruta O Huevos Revueltos Papas Sazonadas/Frijoles Vegetarianos Fruta, Jugo, Leche	**11** Huevo/Queso & Tocino/ En Pan Integral O Patty de Pavo, Pan Integral Papas Sazonadas/Rodajas de Tomate Fruta, Jugo, Leche	**12** Waffles Integrales Con Fruta O Huevos Revueltos Papas Sazonadas/Palitos de Zanahoria, Fruta, Jugo, Leche
15 Waffles Integrales Con Fruta O Huevos Revueltos Papas Sazonadas/Palitos de Apio, Fruta, Jugo, Leche	**16** Bagel y Queso Crema Cereal Jugo/Fruta Leche Cafeteria abierta 8am-9:30am	**17** Bagel y Queso Crema Cereal Jugo/Fruta Leche Cafeteria abierta 8am-9:30am	**18** Bagel y Queso Crema Cereal Jugo/Fruta Leche Cafeteria abierta 8am-9:30am	**19** Bagel y Queso Crema Cereal Jugo/Fruta Leche Cafeteria abierta 8am-9:30am
22	**23**	**24**	**25**	**26**

Los Estudiantes deben tomar fruta, 100% jugo o vegetales con el desayuno

Ofrecido Diariamente:

- Bagel & Queso Crema
- Yogurt Parfait
- Cereal
- Muffins

ESPECIAL DE LOS MARTES

Avena con Canela

Variedades de Leche

Sin Grasa

1% Baja en Grasa

Chocolate sin Grasa

Si tienes alergia a un ingrediente por favor comunícale al gerente, cocinero o al servidor

Menus are subject to change without notice.

OSSINING HIGH SCHOOL BREAKFAST

ARAMARK EDUCATION

JUNE 2015

LUNCH MENU

FOOD ALLERGIES: IF YOU HAVE FOOD ALLERGIES, PLEASE SPEAK TO THE MANAGER

Lunch Prices:
Reduced- priced - $.25
Lunch -$2.00
2nd - $2.00
2nd Premium - $3.00*
Adult - $3.58 + tax
(Lunch includes choice of entrée, fruit, vegetable & milk)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
If you have a food allergy please speak to the manager, cook or server	**Milk offered Daily** Skim Milk, 1% & Fat Free Chocolate Milk			
1 Meatball Parmesan Whole Grain Bun Garlic Green Beans Celery Sticks Fresh Grapes	**2** Turkey Nachos Cheddar Cheese, Salsa, Sour Cream Tortilla Rounds Black Bean Salsa Fresh Cantaloupe	**3** General Tso's Chicken Spiced Brown Rice Red & Green Pepper Strips Sweet Golden Corn Fresh Pear	**4** Rotini Pasta Homemade Meat Sauce Whole Grain Roll Tomato Salad Fresh Watermelon	**5** Homemade Shepard's Pie Dinner Roll Coleslaw Cucumber Salad Fresh Pineapple
8 Chicken Tacos Cheddar Cheese, Salsa, Sour Cream Sliced Glazed Carrots Fresh Pear	**9** Oriental Pasta Medley Teriyaki Meatball Steamed Broccoli Fresh Watermelon	**10** Spaghetti with Homemade Meat Sauce WG Garlic Bread Sugar Snap Peas Grapes	**11** Jamaican Jerk Chicken Corn Bread Vegetarian Baked Beans Celery Sticks Pineapple	**12** Hot Boneless Wings Steamed Brown Rice Oven Baked Sweet Potato Fries Fresh Cantaloupe
15 BBQ Chicken Spanish Rice Oven Roasted Veggies Blueberries	**16** **Regents & Final Exams**	**17** **Regents & Final Exams**	**18** **Regents & Final Exams**	**19** **Regents & Final Exams**
22 **Regents & Final Exams**	**23** **Regents & Final Exams**	**24** **Regents & Final Exams**	**25** **Early Dismissal**	**26**

Available Daily
One cup of assorted Fresh Fruit and or Juice
Fruit Yogurt Parfaits

Grill Station
***Specialty Item**
Hamburger, Cheeseburger

Second Entrée Special daily

Pizza:
Specialty Pizza
Daily Cheese & Pepperoni

Deli Station*
***Signature Sandwiches**
Boar's Head Turkey, Ham, Buffalo Chicken, Salami, assorted cheese & toppings
Served on choice of WG breads, rolls & wraps

Salad Bar
***Specialty Salads**
Fresh mixed greens, seasonal vegetables & fruit, bread, toppings and dressings
Side Salad to all Meals
****Hormone Free****
****No High Fructose Corn Syrup****

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OSSINING HIGH SCHOOL

ARAMARK EDUCATION

JUNIO 2015

MENU DEL ALMUERZO

POR FAVOR SI TIENES ALERGIA A ALGUN INGREDIENTE COMUNICALE AL GERENTE

Precios del Almuerzo:
Reducido - $.25
Lunch -$2.00
2nd - $2.00
2nd Premium - $3.00*
Adultos- $3.58 + imp.
(Lunch incluye una entrada, fruta, vegetales & leche

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
***Si tiene alguna alergia infórmale al gerente, cocinero o al servidor **	**Leche:** Sin Grasa, 1% baja en Grasa & Chocolate sin Grasa			
1 Albóndigas de Carne a la Parmesana en Pan Integral Frijoles Verdes al Ajo Palitos de Apio Uvas	**2** Nacho de Pavo Queso Cheddar, Salsa, Crema Agria Tortilla Crocante Salsa de Frijoles Negros Melon	**3** Pollo estilo General Tso's Arroz Integral Picante Tiritas de Pimiento Rojo & Verde Maiz Dulce Pera	**4** Pasta Rotini con Salsa de Carne Pan Integral Ensalada deTomate Sandia	**5** Pastel de Carne "Shepard's Ensalada de Col Ensalada de Pepino Piña
8 Taco de Pollo Queso Cheddar, Salsa Crema Agria, Rebanadas de Zanahoria Glaseadas Pera	**9** Medley de Pasta Oriental Albóndigas de Carne Teriyaki Brocoli al Vapor Sandia	**10** Spaghetti con Salsa de Carne Pan Integral de Ajo Guisantes Uvas	**11** Pollo Jerk Jamaiquino Pan de Maiz Frijoles Vegetarianos al Horno Palitos de Apio Piña	**12** Pollo Picante sin Hueso Arroz Integral al Vapor Tiritas de Camote al Horno Melon
15 Pollo al BBQ Arroz Español Vegetales Rostizados al Horno Arandanos	**16** **Regents & Final Exams**	**17** **Regents & Final Exams**	**18** **Regents & Final Exams**	**19** **Regents & Final Exams**
22 **Regents & Final Exams**	**23** **Regents & Final Exams**	**24** **Regents & Final Exams**	**25** **Early Dismissal**	**26**

Disponibles Diariamente
Fruta Fresca y Yogurt de Frutas Parfait

Grill Station
***Especialidades**
Hamburguesas con o sin queso

Segunda Entrada Especial diario

Pizza:
Pizza Especial Diariamente
Queso & Pepperoni

Deli Station*
***Sanduches**
Boar's Head Pavo, Jamon, Pollo Buffalo, Salami, diferentes quesos & toppings
Servidos a tu gusto en pan Integral y wraps

Salad Bar
***Ensaladas Especiales**
Vegetales mixtos, lechugas, & fruta, pan y aderezos
Libre de Hormonas*
Bajos en Fructosa de Maiz

Menus are subject to change without notice.

OSSINING HIGH SCHOOL

ARAMARK EDUCATION

JUNE 2015

PRE-K LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
If you have a food allergy please speak to the manager, cook or server				
1 Oven Baked Cheese Stick Baby Carrots Pear Cup Milk	**2** Turkey & Cheese Sandwich Corn & Chick Pea Salad Fresh Apple Milk	**3** Oven Baked Chicken Strips Celery Sticks 100% Juice Milk	**4** Fruit Yogurt & Cheese With WG Bagel Cherry Tomato Milk Fruit Cup	**5** Cheese Pizza on WG Crust Broccoli Fresh Orange Wedges Milk
8 Fruit Yogurt & Cheese with WG Bagel Baby Carrots Pear Cup Milk	**9** Macaroni & Cheese in a Cup Corn & Chick Pea Salad Fresh Apple Milk	**10** Cheese Sandwich Cherry Tomatoes Fruit Cup Milk	**11** Waffle Turkey Patty Celery Sticks Milk 100% Juice	**12** Cheese Pizza on WG Crust Broccoli Fresh Orange Wedges Milk
15 Beef Hotdog Baby Carrots Pear Cup Milk	**16** Turkey & Cheese Sandwich Corn & Chick Pea Salad Fresh Apple Milk	**17** Oven Baked Cheese Stick Celery Sticks Milk 100% Juice	**18** Fruit Yogurt & Cheese With WG Bagel Cherry Tomato Milk Fruit Cup	**19** Cheese Pizza on WG Crust Broccoli Fresh Orange Wedges Milk
22 Oven Baked Cheese Stick Baby Carrots Fruit Cup Milk	**23** Fruit Yogurt & Bagel Corn & Chick Pea Salad Fresh Apple Milk	**24** Cheese Pizza Celery Sticks Milk 100% Juice	**25** **LAST DAY OF SCHOOL HALF DAY**	**26**

Special News...

Milk Offered Daily

1% Milk
Skim Milk
Chocolate Skim Milk

Park Early Childhood Centre

Menus are subject to change without notice.

Ossining PRE- K

ARAMARK EDUCATION

JUNIO 2015

PRE-K MENU DEL ALMUERZO

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
***Si tienes alguna alergia alimenticia comunicaselo al Gerente, cocinero, o a quien te sirve**				
1 Palitos de Queso al Horno Zanahorias Copita de Peras, Leche	**2** Sanduche de Pavo y Queso, Ensalada de Maiz y Garbanzos Manzanas Leche	**3** Tiritas de Pollo al Horno Palitos de Apio 100% Jugo Leche	**4** Yogurt de Frutas, Queso con Bagel Integral, Tomates Cherry, Leche Copita de Frutas	**5** Pizza Integral de Queso Brocoli Naranjas en Onejos Leche
8 Yogurt de Frutas, Queso con Bagel Integral, Zanahorias, Copita de Peras, Leche	**9** Macarron con Queso en un vaso Ensalada de Maiz y Garbanzos Manzanas Leche	**10** Sanduche de Queso Palitos de Apio Copita de Frutas Leche	**11** Waffle Patty de Pavo Tomates Cherry 100% Jugo Leche	**12** Pizza Integral de Queso Brocoli Naranjas en Onejos Leche
15 Hotdog de Carne Zanahorias Copita de Peras Leche	**16** Sanduche de Pavo y Queso, Ensalada de Maiz y Garbanzos Manzanas Leche	**17** Palitos de Queso al Horno Palitos de Apio 100% Jugo Leche	**18** Yogurt de Frutas & Queso con Bagel Integral, Tomates Cherry Leche Copita de Frutas	**19** Pizza Integral de Queso Brocoli Naranjas en Onejos Leche
22 Palitos de Queso al Horno Zanahorias, Copita de Frutas, Leche	**23** Yogurt de Frutas & Bagel Ensalada de Maiz y Garbanzos Manzanas Leche	**24** Pizza de Queso Palitos de Apio, 100% Jugo, Leche	**25** **LAST DAY OF SCHOOL HALF DAY**	**26**

Special News...

Leche Ofrecida Diariamente

1% Baja en grasa
Sin Grasa
Chocolate sin Grasa

Park Early Childhood Centre

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Ossining PRE- K

ARAMARK EDUCATION